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SEPTA clears cop in death after using Taser. 5

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3 THINGS YOU NEED TO KNOW

SCOTUS OVERTURNS GAY PARENTAL RIGHTS RULING

The Supreme Court on Monday overturned an Alabama judicial ruling that had refused to recognize a gay woman's parental rights over three children she adopted with her lesbian partner and raised from birth. The court took the relatively unusual step of reversing the Alabama Supreme Court without hearing oral arguments in the case. Cases are decided in that fashion when a lower court ruling is considered to be particularly counter to Supreme Court precedents. None of the eight justices dissented. The adoptive mother, identified in court papers as V.L., said she was overjoyed with the ruling. "When the Alabama court said my adoption was invalid and I wasn't their mother, I didn't think I could go on. The Supreme Court has done what's right for my family," she said in a statement. The court said in an unsigned opinion the Alabama court was required to recognize the woman's parental rights because they had been legally endorsed by a court in Georgia. **REUTERS**

TWITTER PRAISED FOR CRACKING DOWN ON ISIS

Officials with the nonprofit Simon Wiesenthal Center praised Twitter Inc. on Monday for increasing efforts to thwart the Islamic State's use of its platform for recruitment and propaganda. The center's Digital Terrorism and Hate Project gave Twitter a grade of "B" in a report card of social networking companies' efforts to fight online activity by militant groups such as ISIS. "We think they are definitely heading in the right direction," the project's director, Rabbi Abraham Cooper, told Reuters ahead of Monday's release of the report card at a press conference in New York. He said the review was based on steps that Twitter has already taken and information that center staff learned in face-to-face meetings with company representatives. **REUTERS**



US AIRSTRIKE KILLS 150 TERRORISTS

The United States has carried out an airstrike in Somalia, killing more than 150 fighters with the al Qaeda-linked Islamist group al Shabaab, following U.S. intelligence on preparations for a large-scale militant attack, the Pentagon said Monday. The weekend strike using both manned and unmanned drone aircraft targeted al Shabaab's "Raso" training camp, a facility about 120 miles north of the capital Mogadishu, the Pentagon said. The U.S. military said it had been monitoring the camp for several weeks before the strike and had gathered intelligence, including knowledge about an imminent threat posed by the trainees. "We know they were going to be departing the camp and that they posed an imminent threat to U.S. and to Amisom, African Union mission in Somalia forces, that are in Somalia," said Pentagon spokesman Cpt. Jeff Davis. Davis declined to disclose any specific information the United States might have about the group's intended target. **REUTERS**



Floral enthusiasts flocked to the Pennsylvania Convention Center for the annual Philadelphia Flower Show, which this year has a National Parks system theme. **CHARLES MOSTOLLER**

Flower Show in bloom

The East Coast's largest indoor flower show and Philly's highest-attended recurring event is in full swing this week.



SAM NEWHOUSE
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The Philadelphia Flower Show is in full swing this week, and visitors from across the region and the world are soaking up the experience of seeing the best horticultural delights the Delaware Valley has to offer.

"When you walk in the front door it smells like cedar," said Cynthia Gallucci, of Cherry Hill. "Every year it changes. It's so gorgeous."

Visitors from distant lands spoke in Italian, French and Russian as crowds packed their way through vendors' exhibits and the special artistic displays that were designed

around this year's theme: the U.S. National Parks.

There are special horticultural exhibits themed after the Indiana log cabin where Abraham Lincoln grew up, Yellowstone National Park, Muir Woods, and the Appalachian Trail.

"Doing this project definitely made me realize I want to do the whole trail some day," said Reivon Colon, a horticultural student at Williamson College of the Trades.

About 20 students from Williamson worked on their exhibit, which was filled with native Pennsylvania plants, that depicted a scene from the

who worked on it.

"We wanted to show everyone, when they walked by, that's what you'd see if you hiked the actual trail," said Williamson student Norman Lauro.

The flower show, the largest such event on the East Coast, attracts an average of 250,000 visitors to the Pennsylvania Convention Center — making it Philly's most popular recurring event. About 170 vendors were selling their wares as well, ranging from lily buds to succulents, cacti and fresh bouquets.

While Philly NORML, a pro-marijuana legaliza-

"When you walk in the front door it smells like cedar. Every year it changes. It's so gorgeous."

Flower show attendee Cynthia Gallucci, of Cherry Hill

Appalachian Trail. Trail markers, the Maine to Georgia sign, the shelter with a through-hiker's sleeping bag inside — these were the touches to make the exhibit realistic, said the students

tion group, didn't get to have the booth they expected at the Flower Show, there were plenty of other attractions — including floral decoration competitions and talks by U.S. park rangers about

If you go

The Philly Flower Show
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Theflowershow.com

the history and geology of the national parks.

The Flower Show's diehard fans were in attendance as always, but some had a few complaints.

"My dad used to come to see the orchids; we'd spend two hours. We checked them out, I think we spent about

20 minutes," said Melanie Brennan, of Philly. "They have a wider variety of displays now, but they used to have more

flowers." However, that didn't take away from the magic of the experience.

"There's always something different," Brennan said. "It's a joyful event. We love being here."

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WorkReady wants summer jobs for youth

The president and CEO of the Philadelphia Youth Network kicked off this year's push to find companies that will commit to giving Philly youths jobs this summer.



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When Chekemma Fulmore-Townsend was just 14, she got her first job at a nonprofit organization dedicated to helping senior citizens live independently.

"There was someone depending on me every

day to show up. I was in charge of about 10 seniors, helped them do food shopping ... it was a great experience," Fulmore-Townsend said.

Now, as president and CEO of the Philadelphia Youth Network (PYN) for three years, Fulmore-Townsend, 36, is behind the effort to help Philly youths have their own for-

mative first-job experiences this summer through WorkReady Philadelphia.

Fulmore-Townsend and Mayor Jim Kenney kicked off the call Monday at the Free Library to private corporations to either hire Philly youth or sponsor the cost of one summer job (\$1,800) so the program can reach its goal of employ-

ing 10,000 youths this July and August.

"We don't just tell people about making opportunities available — we open our doors," Fulmore-Townsend said, pointing out that one of her first interns through WorkReady Philadelphia has since gone on to become a counselor helping students succeed in college.

"You get to see the impact very directly and very clearly," she said.

Youth employment for 16- to 19-year-olds in Philadelphia is 15.6 percent, about half the state and national averages, according to PYN. WorkReady Philadelphia is aimed at improving those numbers.

"It's extremely impactful," said Kelly Davis, executive director of Lutheran Settlement House in Fishtown, of the WorkReady Philadelphia Program.

Davis' program has employed youths in a relationships training course that certified them as "student ambassadors," while others got jobs working on a farm at Frankford and Master side-by-side with senior citizens.

Wanda Davis, the mother of a 15-year-old at William Penn Charter School, came to the kick-off event with concerns about whether there will be enough jobs to go

around to help her enterprising son find work. "Every year, by the time you get go on the site, they don't have a job or they're all filled," said Davis, of South Philly. "To me it doesn't make sense that we have a city as large as we do, but we run out of jobs and money."

Davis works in catering, but doesn't have the funds to pay interns.

"We have to reward them to give them some sense of why they should be looking for a job," Davis said. "Your network equals your net worth."

Fulmore-Townsend said Davis' comments are "a fair criticism," but pointed out that each year PYN starts with zero jobs, and is focused on working their way up from 4,200 jobs, the number currently available, up to their goal of 10,000 jobs. By 2020, the program wants to reach 16,000 jobs.

"We want to reach every young person," Fulmore-Townsend said. "This city has never let us down. I don't expect this year to be the first year that happens."

Fulmore-Townsend is asking people who can hire youths or who can donate to pay for a summer job visit PhillySummerJobs.org and commit before April 30 to giving a young person their first job.

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"We don't just tell people about making opportunities available — we open our doors."

Fulmore-Townsend



Pedestrians pass Huntingdon station. CHARLES MOSTOLLER

SEPTA cop cleared in death after using Taser

Omar Lopez's death was found to be caused by drugs.



JENNY DEHUFF
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A SEPTA transit police officer has been cleared of any wrongdoing after he tased an aggressive man high on PCP last October.

Transit Police Chief Thomas Nestel III said Monday that an internal affairs investigation into the death of Omar Lopez, which occurred while in police custody in the early morning hours of Oct. 26, 2015, showed no fault on the part of the officer. The Philadelphia medical examiner ruled Lopez's death an accident, apparently caused by acute phencyclidine toxicity — commonly from an overdose of the drug PCP, or angel dust.

The transit police officer has received death threats on the Internet, police said, and thus they're keeping his identity a secret.

The officer struggled with Lopez for eight minutes to try and get Lopez under control after he fought with another man, during which time the officer used his Taser on Lopez 10 times.

Radio dispatch received calls for backup from the officer six times in six minutes, but the officer could not convey

his exact location clearly so that communications personnel could hear him.

Soon after, firefighters arrived on scene and helped handcuff Lopez and transport him to Frankford Aria Hospital — which was not the nearest hospital.

Firefighters reported that Lopez was conscious and alert when he in the vehicle and didn't show signs of injury or complain of any.

Yet, upon arrival at Frankford Aria, after seven minutes in the vehicle with police, Lopez was not breathing and had no pulse. He was pronounced dead at 2:54 a.m.

The officer suffered a bite on the wrist, injuries to his knees and was unable to return to active duty until this past weekend, said Nestel.

Nestel said that several procedural changes have occurred, including the implementation of status updates of officer locations when closing up transit stations, GPS technology to track equipment and personnel and a verification process that's now in place when an officer is transporting a person to a hospital.

A transit police sergeant who was supervising the scene that morning has been disciplined for failing to have Lopez transported to the nearest hospital and failing to obtain witness information at the scene.

BRIEF

Chester County swim coach admits pressuring student for sex

A former high school swim coach and counselor has admitted to attempting to pressure a student into a sexual relationship in exchange for helping him get into Harvard University.

Emily Feeney, 41, was sentenced in Chester County Court on Monday to five years of probation and to register for 15

years as a sex offender, Philly.com reported, based on her admission that she attempted to coerce a student into a sexual relationship.

Feeney, hired in 2013 at Malvern Prep High School where she was the director of college counseling and a swim coach, tried to seduce the then-16-year-old student starting in May 2014 by allegedly kissing him and sending sexual texts and

emails that included photos of herself undressed, according to Philly.com.

A search warrant recovered hundreds of emails, investigators said to ABC, adding that Feeney sent messages from her Malvern Prep email account.

When her teenage target rejected Feeney's advances, she continued her pursuit nevertheless, saying that she could get him into Harvard University

based on her connections, ABC stated. After forwarding the student an email indicating that he was being considered by Harvard, according to Philly.com, Feeney allegedly wrote an additional message: "You ... owe me big time. And no high fives."

Feeney was quoted by Philly.com, saying in court on Monday that her behavior "was a huge mistake and unlawful."

JASON MUCKOLLS

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Cops seek restaurant shooting suspect

Philadelphia police have released video of a suspected gunman who remained at large after shooting a restaurant employee in a Sunday evening altercation.

Police said a 19-year-old Church's Chicken employee was in stable condition after being shot multiple times by a restaurant customer around 5:30 p.m. on Sunday at the fried chicken chain's North Broad Street and Erie Avenue location.

"We believe the offender was inside eating, at which time he became involved in a verbal altercation with an employee," Police Capt. Nicholas Brown said to CBS. "The offender produced a large handgun and fired, striking the complainant several times."

Police said that



Police say this man opened fire at the restaurant. PPD

the suspect may have become angry when restaurant workers began cleaning nearby tables as he was eating, NBC reported.

Police described the suspect as a black man between the ages of 50 and 60 who was wearing a black Fedora hat,

glasses, a black trench coat and black pants.

Police told CBS that the man was last seen walking south on North Broad Street.

Police encouraged anyone with information to call 215-686-8477 or text a tip to 773847. JASON NUCKOLLS

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South Korea, US begin war exercises

N. Korea responded with a threat to attack after the drills, which are an annual event, began.

South Korean and U.S. troops began large-scale military exercises Monday in an annual test of their defenses against North Korea, which called the drills "nuclear war moves" and threatened to respond with an all-out offensive.

South Korea said the exercises would be the largest ever following North Korea's fourth nuclear test in January and a long-range rocket launch last month that triggered a U.N. Security Council resolution and tough new sanctions.

North Korea has rejected criticism of its nuclear and rocket programs, even from old ally China,



South Korean activists demonstrate against the war exercises. GETTY IMAGES

and last week leader Kim Jong Un ordered his country to be ready to use nuclear weapons in the face of what he sees as growing threats from enemies.

The joint U.S. and South Korean military command said it had notified North Korea of "the non-provocative nature of this training" involving about 17,000 American troops and more than 300,000 South Koreans.

South Korea's Defence

Ministry said it had seen no sign of any unusual military activity by the North.

North Korea's National Defence Commission said the North Korean army and people would "realize the greatest desire of the Korean nation through a sacred war of justice for reunification," in response to any attack by U.S. and South Korean forces.

"The army and people of the DPRK will launch an all-out offensive to decisively counter the U.S. and its followers' hysterical nuclear war moves," the North Korean commission said in a statement carried by the North's KCNA news agency. The North, officially known as the Democratic People's Republic of Korea, routinely issues threats of military action in response to the annual exercises that it sees as preparation for war against it. REUTERS



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RACE FOR THE WHITE HOUSE

Clinton, Sanders say they can beat Trump

The two contenders cut each other off on several occasions, in a race that has been much more polite than the Republican presidential campaign.

Democratic presidential contenders Bernie Sanders and Hillary Clinton sparred in a debate Sunday over who had the best chance to beat Republican front-runner Donald Trump, and mocked the level of discourse in the Republican White House race.

Near the end of a Michigan debate that featured sharp clashes over trade and the auto-industry bailout, as well as a lengthy discussion of religion, Clinton and Sanders both said they could not wait to face the brash billionaire in the Nov. 8 election to succeed Democratic President Barack Obama.

"Donald Trump's bigotry, his bullying, his bluster, are not going to wear well on the American people," Clinton said. "We have to end the divisiveness, we have to unify the country."

Sanders said he would "love" to run against



Bernie Sanders and Hillary Clinton. GETTY IMAGES

Trump and noted many opinion polls showed him faring better against him than Clinton did. He and Clinton urged voters to compare the substance of their debate with the Republican versions, which last week featured name-calling and Trump defending his penis size.

"We are, if elected president, going to invest a lot of money in mental health," Sanders said, then cracked a joke. "And when you watch these Republican debates, you know why we need to in-

vest in mental health."

Trump frequently says he will beat either Clinton or Sanders. "I am the one person that she does not want to run against," he said of Clinton on Saturday.

The debate in Flint, which is suffering a water contamination and public health crisis, came as Sanders has struggled to slow Clinton's march to the presidential nomination. Sanders picked up some good news on Sunday with a win in Maine's caucus. REUTERS

Mexican president says won't pay for Trump wall, makes Hitler warning

Mexico's president has said his country will not pay for White House hopeful Donald Trump's proposed wall along the U.S.-Mexico border, and likened his "strident tone" to the ascent of dictators like Adolf Hitler and Benito Mussolini.

President Enrique Peña Nieto's comments, published in Monday's Excelsior newspaper, were among the most critical public comments yet by a foreign leader of the New York billionaire.

Trump, front-runner in the race for the Republican Party presidential



President of Mexico Enrique Peña Nieto. GETTY IMAGES

nomination for the Nov. 8 election, has sparked outrage in Mexico because of his campaign vow to build a wall along

the southern U.S. border to keep out illegal immigrants and drugs, and to make Mexico pay for it. REUTERS



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Funeral plans set for Nancy Reagan

The first lady will be laid to rest later this week at the Ronald Reagan Presidential Library in California.



Nancy Reagan GETTY IMAGES

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Nancy Reagan, the former first lady who passed away on Sunday, will be laid to rest later this week at the Ronald Reagan Presidential Library in Simi Valley, California, next to her husband, former President Ronald Reagan, who died on June 5, 2004, an announcement on Facebook read Monday.

Reagan, the former actress who was fiercely protective of her husband through his Hollywood career, eight years in the White House, an assassination attempt and Alzheimer's disease, died on Sunday at age 94 from congestive heart failure at her Los Angeles home.

"She is once again with the man she loved," her stepson Michael Reagan wrote on Twitter.

"What do you say about someone who gives your life meaning? What do you say about someone who's always there with support and understanding, someone who makes sacrifices so that your life will be easier and more successful? Well, what you say is that you love that person and treasure her. I simply can't imagine the last 8 years without Nancy," an August 1988 quote from

President Reagan that was on the page said.

As part of the official events, Reagan will lay in repose at the Ronald Reagan Presidential Library on Wednesday, March 9 from 1 p.m. to 7 p.m. and also on Thursday, March 10 from 10 a.m. to 2 p.m. Funeral services will be held at 11 a.m. on Friday, and will be closed to the public.

Reagan is also being remembered in her home state of New York.

Reuters contributed to this report

Bloomberg won't run for president

Former New York City Mayor Michael Bloomberg said on Monday he will not enter the race for president in November, because it was clear he could not win and he did not want to risk enabling a victory by Republicans Donald Trump or Ted Cruz.

Last month, the Financial Times quoted

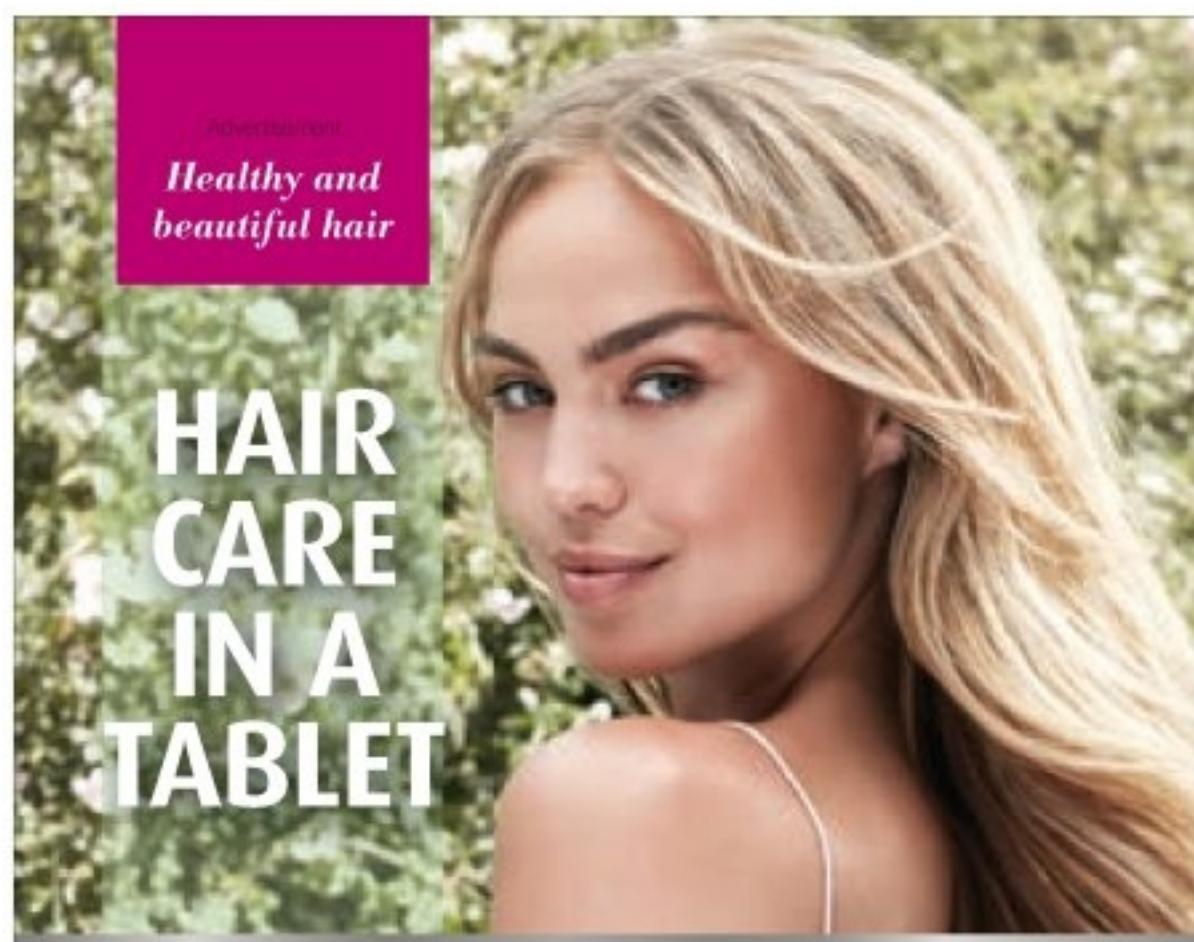
Bloomberg as saying he found the campaign discussions "distressingly banal" and considering running for president.

Bloomberg said in an online column that in a three-way race, no candidate was likely to win a majority of electoral votes, handing the choice to Congress.



Michael Bloomberg GETTY IMAGES

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New York Fed denies systems breach after Bangladesh claim

Bangladesh's central bank said on Monday its U.S. account had been hacked and that money had been stolen from it, a claim that its U.S. counterpart, the Federal Reserve, denied.

Bangladesh Bank said it had traced some of the money to the Philippines and that it was working with anti-money-laundering authorities there. Some of the funds were recovered, it said.

The central bank did not say how much money had been stolen and a spokesman declined to comment.

The New York Federal Reserve, where Bangladesh has an account along with other foreign central banks, later on Monday denied that its systems were breached.

"To date, there is no evidence of any attempt to penetrate Federal Reserve systems in connection with the payments in question, and there is no evidence that any Fed



The Federal Reserve building in New York City. GETTY IMAGES

systems were compromised," a New York Fed spokeswoman said in response to queries about the Bangladesh claim.

The U.S. central bank's New York branch did not say whether funds had been drained from the account, or whether it was investigating the claim by its overseas counterpart.

Bangladesh's central bank has around \$28 billion in foreign currency reserves. Some 250 central banks, governments

and other institutions have foreign accounts at the New York Fed, which is near the centre of the global financial system. The accounts hold mostly U.S. Treasuries and agency debt.

Fed computers have been hacked in the past.

There were legal charges in 2014 against a British citizen for breaching its servers and publicly posting information from internal network users. REUTERS

BRIEF

Apple e-books price fixing appeal rejected

The Supreme Court on Monday declined to hear Apple Inc.'s challenge to an appellate court decision that it conspired with five publishers to increase e-book prices, meaning it will have to pay \$450 million as part of a settlement.

The court's decision not to hear the case leaves in place a June 2015 ruling by the New York-based 2nd U.S. Circuit Court of Appeals that found Apple liable for engaging in a conspiracy that violated federal antitrust laws.

Apple, in asking the high court to hear the case, said the June appeals court decision that the company had conspired with the publishers contradicted Supreme Court precedent and would "chill innovation and risk-taking."

The 2nd Circuit's ruling followed a 2013 decision by U.S. District Judge Denise Cote that Apple played a "central role" in a conspiracy with publishers to raise e-book prices. REUTERS



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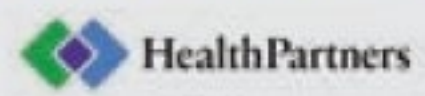
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Turkey's Zaman vows to continue as opposition newspaper in German exile

Turkish authorities seized control of the paper Friday.

Turkey's top-selling newspaper Zaman plans to continue publishing as an opposition daily in Germany after it was taken over by the state in its home country, the editor-in-chief of Zaman Almanya (Zaman Germany) said on Monday. Turkish authorities seized control of Zaman on Friday in a widening crackdown against supporters of U.S.-based Muslim cleric Fethullah Gulen, an influential foe of President Tayyip Erdogan. Zaman has been affiliated with Gulen.

"As of today, we are printing a version of Zaman that has nothing to do with Zaman there [in Turkey] because it has

been forcibly taken over by the state," Süleyman Bag told Reuters TV in an interview.

Monday's edition of Zaman Almanya bore a black front page with the headline: "The constitution is abolished." That stood in stark contrast to the paper published in Turkey, which on Sunday dropped its criticism of the government and published flattering stories about Erdogan.

"We will print an independent newspaper. We still have not addressed the question of how we do that. This is a new challenge for us," Bag added.

Zaman Almanya currently has 14,300 subscribers to its print edition in Germany, home to three million people of Turkish origin.

The top story on its



A protestor holds a copy of Turkish newspaper Zaman during a demonstration near the headquarters of the newspaper in Istanbul. GETTY IMAGES

online edition featured a picture of a woman in a headscarf pressing her hand against her bleeding face outside the newspaper's offices, which were raided on Friday by police who used water cannon and tear gas to disperse protesters.

Rights groups and

European officials have criticized the seizure, saying it infringes on press freedom in Turkey, an EU candidate country. Ankara rejects such charges, saying a legal process is underway to investigate illicit financing of what it describes as a "Gülenist terror group." REUTERS

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Kanye West tries to spin that Pirate Bay photo

Remember last week when Kanye West posted a photo of a computer screen that seemed to suggest he was frequenting the file-sharing site Pirate Bay? Yeah, about that.

On his way to a flight out of LAX, West decided to stop and chat with some of TMZ's finest to clear things up: "It's obviously not my computer," he said. Obviously, right? West doesn't need to pirate things online, since — as he's clarified — he's plenty rich. It's just his business that's \$53 million in debt.

Anyway: "I took a picture of it in the studio, and then everybody was like, 'Don't put that up.' I was like, 'Let it go up.'" he explained. Which honestly is just further proof that West



ALL PHOTOS
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is possibly the human being most susceptible to reverse psychology, if you're looking to get him to do something.

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Taylor Swift and Calvin Harris share perfectly imperfect anniversary pics

Taylor Swift and Calvin Harris continue to use social media as proof that they're living their best life. What is Swift artfully filtering now, you ask? Oh, just their first anniversary. Swift shared a close-up of a vintage gold heart-shaped locket with the special day engraved in it. Then Harris took to Snapchat to share a video of him and Swift ogling a cake hand-iced with "1 year" in artfully amateurish writing, with two lopsided hearts on top. He then posted a photo of Sylvester Stallone giving a thumbs-up in front of a rainbow, with the caption "current mood." So that should give a pretty clear picture of how they're feeling. (Right?) Also, turns out Stallone has really weird thumbs. Who knew?

Jada Pinkett Smith brushes off Chris Rock's Oscars dig



It took more than a week, but someone finally got Jada Pinkett Smith to respond to Chris Rock's joke at her expense in his Oscars monologue. During the telecast, Rock had quipped that Smith's boycott of the Academy Awards was ridiculous: "Jada boycotting the Oscars is like me boycotting Rihanna's panties. I wasn't in-

vited," he joked. So what does she think about the comment? Judging by her reaction when questioned by a photographer about it, she's focusing on forward momentum. "It comes with the territory, sweetheart," she tells X17. "Hey, look, it comes with the territory, but we gotta keep it moving. We gotta keep it moving. We gotta keep it moving. There's a lot of stuff we gotta handle, a lot of stuff in our world right now. We gotta keep it moving." Is "we gotta keep it moving" the new "water under the bridge"?



@JuddApatow

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It's pouring in LOS ANGELES. I love the rain more than I love bagels.

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The auction will be listed and advertised on www.storageauction.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

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Unit 1450 Charles Richards (household items), 409 Ambrose Tommy (household items), 830 Benjamin Foxhill (furniture), 128 Diane Wilburn (point of sale, racks), E13 Alexandra Quiles (furniture/household goods), J1 Jack Montgomery (queen bed, boxes, chairs, stereo), A5 Lorraine Knauss (household goods), 504 Evan Grammenos (household items).

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Jeremy Sisto gets morbid

The onetime "Six Feet Under" actor gets even darker with "The Other Side of the Door."



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Jeremy Sisto can tell you "The Other Side of the Door" isn't just about scares. "I was kind of expecting a normal horror thing — that we would be running from evil people," the actor tells us. "This one's a little more complicated."

In fact, it sounds like a drama. Sisto plays an American in Mumbai, India, whose young son accidentally drowns in a car accident. His wife (Sarah Wayne Callies, of "The Walking Dead") was the one driving and couldn't save him. Overwrought with grief, she discovers she can say goodbye to him via an old Indian ritual. In the process, she accidentally unleashes his spirit into the world, along with others, wreaking havoc.

More than most horror stories, it's about something real: grief and the sometimes dangerous limits of parental love. (Its premise is even reminiscent of 1974's "Deathdream," in which a mother won't let her husband destroy their



Jeremy Sisto (with Sofia Rosinsky) plays a man haunted by the spirit world in "The Other Side of the Door." ZISHAAN AKBAR LATIF

son, who's come back from the dead a ravenous zombie.)

"That's the great thing about horror: You can combine it with other genres. You can deal with any theme you want to," Sisto says. "And then you have this tool to make sure the audience is gripped to their seat and engaged."

Indeed, he admits it was sometimes too heavy for him. "There are some things you don't want to imagine too much," he says. "It's impossible to even imagine what it's like to lose a child. There were certain takes when it felt like my brain wouldn't let me imagine the circumstances anymore."

Sisto is no stranger to the morbid. He spent years on "Six

Feet Under," playing Billy Chenoweth, the unstable brother of Rachel Griffiths' Brenda. Still, he doesn't tend to watch horror as much as he used to.

"My wife doesn't like them," he says. But he's drawn towards ones that tend to be brainier. "I'm a fan of dramas. I'm naturally drawn to things that deal with human emotions in a way that I can relate to."

Does he tend to be morbid himself, given his track record? "I definitely think all life is about death," he replies. "Any moment we live, there's some kind of reflection about the one thing we all share: We're all going to die and we don't know what that means. I think most great art comes from that meditation."



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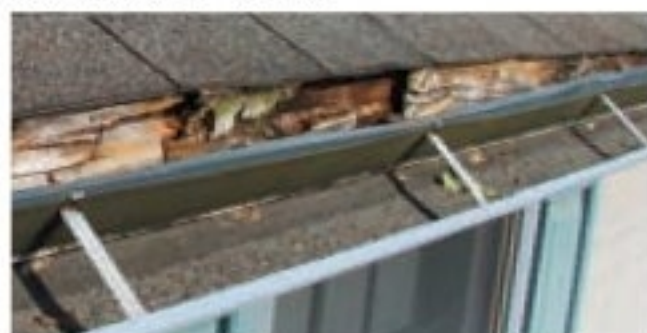


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Clean beauty

Gwyneth Paltrow launches a luxe, natural skincare line.



TINA CHADHA
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Forget the health-food store eye cream and put down that beeswax balm — organic beauty products just got luxe. But who's going to spend \$100 on an all-natural moisturizer? "Vain people like me that want products that actually work," says Gwyneth Paltrow, with a laugh.

The Academy Award-winning actress and healthy lifestyle maven, who got into clean living after her father was diagnosed with cancer, just released a high-performance skin care line. "I wasn't finding that efficacy in products at the health food store," she explains. "I thought there must be a way to create incredible beautiful products that are not toxic."

In partnership with Juice Beauty and named after Paltrow's successful lifestyle brand, Goop's collection of six age-defying skin care products are made with certified



Goop founder Gwyneth Paltrow wants to save your skin.

organic ingredients.

We chatted with Paltrow about her faves in the line, her efforts in getting a clean beauty bill passed and the cringe-worthy products her daughter brings home. (Yes, even Apple can't resist some bargain eye

shadow.)

What did you learn about skin care during this process?

The main thing that I learned is how shocking it is that the products I've been using my whole life are full of chemicals and

carcinogens and plastics. You have this idea of clean, nontoxic beauty, but when I really start to look at what's allowed in our products, it galvanized me.

What product made you go, "Wow — we're on to something here?"

The Instant Facial. I think you're only supposed to use it two or three times a week. But I use it every night because I'm old and I need the regeneration [laughs]. It brings fresh skin to the surface and you feel really clean and plump.

What are your three best tips for glowing, beautiful skin?

Aside from good products: hydration, nutrition and exercise. I think without good nutrition it's very hard to have good skin. Skin tells all your secrets. I think exercise, as well. Circulation, perspiration, detoxing the skin, which is the largest organ in the body.

You've been a champion of natural beauty for so long. Any changes you'd like to see in the industry?

I would like there to

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be sweeping legislation reform around it. It's one of those instances of big business really exploiting the customer for their bottom line and it's really putting everyone at risk. The more you know about it, the worse you feel about it. I have a daughter and she's obsessed with makeup products. She loves those Pink body mists from Victoria's Secret, and I wish they regulated what was in it because you're talking about prepubescent, pubescent and postpubescent girls who are fascinated by all this stuff, and it's full of things that are disrupting their hormones

Goop by Juice Beauty ranges from \$90-\$140 and is available at Goop.com ALL PHOTOS PROVIDED



and are really toxic. The consumer now is starting to become more aware. It's a consumer-driven movement. I recently signed on with [California Senator] Dianne Feinstein. She's introducing a clean beauty bill so I'm going to support her in that.

What are you teaching your daughter, Apple, about beauty?

It's tricky. I talk to her a lot about what's contained in a product. Sometimes it makes an impact on her; sometimes it

doesn't. She recently she ordered a 180 eye shadow palette from China that was literally, like, \$1.89 and I was like, "I don't know what to say about this, I can't imagine what's in it." But I want her to feel her own autonomy, so it's a balance. I've never been that mother that doesn't have the Goldfish and Oreos in the house, because then I know when they have freedom that's all they will eat. It's hard. I really wish it was more regulated so I wouldn't have to worry about it to the extent that I do.

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Why insurance should cover meditation

As stress continues to be linked to a myriad of health problems — and costs — insurance companies should start to look into preventive measures.



EMILY LAURENCE
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Anyone who has ever gotten a medical bill in the mail knows how expensive medical care is — both for the patient and the insurance carrier. Consider the cost for a quadruple bypass surgery: \$62,500 on average, according to the American Heart Association, a number that does not include the cost of home care, medicine or followup appointments. Preventive care is the key to saving money — particularly when it comes to ailments caused by stress.

An epidemic of toxic stress

"Stress has been called the black plague of the 21st century," says Bob Roth, executive director of the David Lynch Foundation, which teaches Transcendental Meditation, a form of reflective meditation (focusing on a question, theme or mantra). According to PsychCentral, stress is linked to the six leading causes of death including heart disease,

cancer, lung ailments, accidents, cirrhosis of the liver and suicide and 43 percent of adults have health problems because of stress.

Pricey for everyone

Stress also leads to pricey health problems, something Rebecca Palm sees regularly as the co-founder of co-patient, a service that helps consumers tackle expensive medical bills. "Health insurance costs are rising across the board, and everyone — including insurance carriers — are feeling the effects of that," she says. "On the patient side, stress can be a factor in a lot of different conditions that would make someone see a doctor. According to Forbes, workplace stress alone is responsible for up to \$190 billion in annual U.S. health-care costs."

With statistics like that, it's no surprise many people are taking efforts to manage their stress in tangible ways, such as through yoga, exercise or different types of meditation such as mindful meditation (focusing on your breath), reflective meditation or concentration meditation (with the aim of emptying the mind).

And insurance companies are doing their research, too. "Preventative care is one way of lowering

health care costs by treating patients before any problems become much larger and more costly down the line," Palm says. "Providing stress-reducing benefits, whether it is covering yoga and other preventative care measures, are just a few examples of some of the innovative ways that the industry is reacting to people's needs."

Evidence matters

But don't expect to be able to cash in on anything vaguely labeled as meditative. "Saying 'meditation' on its own doesn't mean anything," Roth says. "There has to be a systematic way of teaching it and evidence that it works." One way this is done, Roth says, is by studying the levels of cortisol — the stress hormone — in the body.

What about yoga and gym memberships?

Considering the myriad of studies linking exercise to lowering stress levels, is it optimistic to think that insurance will soon cover gym memberships next? Some already do. Many insurance companies have a fitness reimbursement program, covering some or all gym memberships up to a capped price, as long as you can prove you go regularly.



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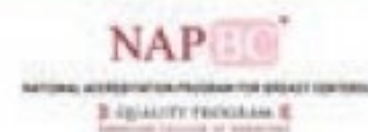
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How dirt makes kids healthier

"The Dirt Cure" argues that too much sanitation is bad for kids.



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For most new parents, letting someone touch their newborn without sanitizing their hands first is a horror story. It's just something you don't let happen. This clean-is-better mentality often continues for years; many parents are hesitant to let their kids get dirty and obsessively sanitize every



"The Dirt Cure" argues that soil is good for a child's immune system. ISTOCK

surface. But a new book is telling parents to stop stressing out so much.

"The Dirt Cure" by pediatric neurologist and New Yorker Maya Shetreat-Klein argues that too much sanitation is bad for kids. Her book says that being in nature more and eating food straight from the soil is better for a child's immune system.

The book points out that between 1997 and 2011, food allergies in children jumped 50 percent. In urban areas, 55 percent of children develop a food allergy by

age 5. If you're a parent, you know how tricky it can be to provide a snack for your son or daughter's class that everyone can eat.

Shetreat-Klein says while many factors can cause a food allergy, growing data says more kids are allergic because we are over sanitizing them, attacking microbes and bacteria that can create an imbalance to the immune system. When there isn't a diversity of microbes in the body, immune cells start attacking food.

She also warns against

foods that are too artificial, citing studies where artificial coloring made kids more hyper and was shown to disrupt their hormones. In 2010, the EU required warning labels on foods containing artificial coloring reading: "Consumption may have an adverse effect on activity and attention in children." What is good for kids: natural, straight-from-the-earth fruits and vegetables that are high in vitamins, minerals and fiber. As many as 34 studies found that a diet rich in fruit and veggie consumption reduced asthma symptoms.

"The Dirt Cure's" bottom line: Stop worrying so much about germs. Let your kids play in nature where they are exposed to beneficial bacteria. Feed your kids nutrient-rich foods, namely lots of fruits and veggies, while avoiding things that are processed or artificially colored. At the very least, it's a way more fun way to live.

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MACNOW: IF I WERE A BETTING MAN, HERE'S WHAT I'D DO

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If I was a betting man, I'd take odds that the Eagles trade down in April's draft, grab a side-of-beef lineman with their lower first-round pick and use the newly acquired second-round spot for Sam Bradford's replacement. Make



Ryan Howard
GETTY IMAGES

sure you get the spelling right on "Dak Prescott" before you have it

stenciled on your next jersey.

I'd risk half my earnings on the Phillies winning more than the 66.5 games Vegas lists them at this season. They'll finish fourth (above the Braves), but the young pitching will survive and reinforcements will arrive to push them toward a 71-91 record.

By the way, the best wager in baseball is Tampa Bay over 78 wins. You can fly to Vegas now and thank me in October.



Jahlil Okafor is a prime candidate to be dealt this offseason. GETTY IMAGES

I'd push all the chips to the middle of the table to support Flyers GM Ron Hextall making a huge move this offseason. The Flyers' top forwards (Giroux, Voracek, Simmonds) are

at their peaks and entering their late 20s. Meanwhile, all the promising baby defensemen seem a few years away from full potential. Something has to change for it to mesh, and I suspect

Hextall realizes that.

I'd see if my local bookie would take action that either Nerlens Noel or Jahlil Okafor gets swapped this summer. One sad revelation to this horror show of a

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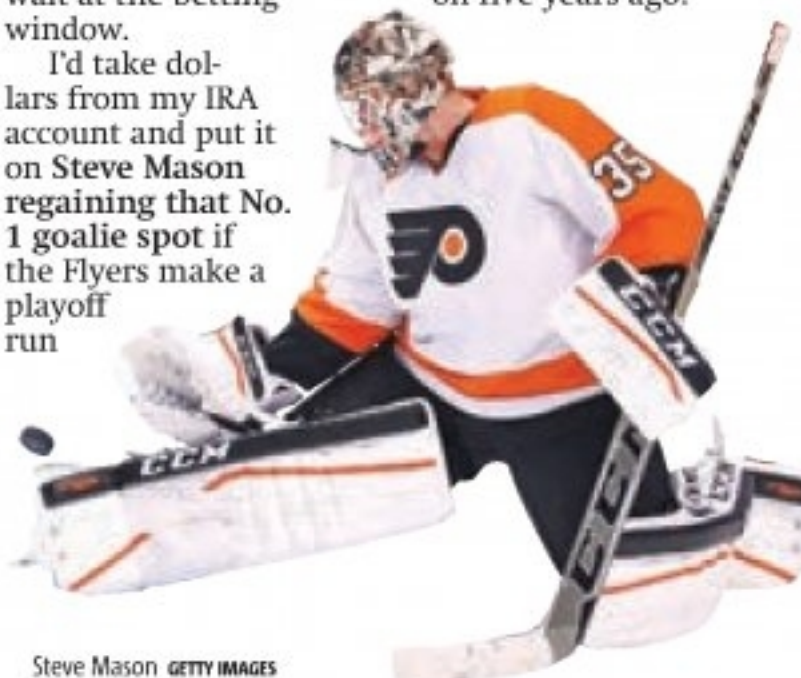
Sixers season is that the dream of dominant twin towers hasn't worked with this pair of 6-foot-11 post players on the court together. So one will gain his reprieve. Probably Noel.

I'd bet the Eagles end the first week of free agency (which starts Wednesday) by signing a replacement for Matt Tobin — even after tendering that turnstile guard an offer last week. The buzz centers on Jeff Allen of the Chiefs and, given Doug Pederson's K.C. connection, that's enough to get me to wait at the betting window.

I'd take dollars from my IRA account and put it on Steve Mason regaining that No. 1 goalie spot if the Flyers make a playoff run

(which, alas I would not bet on). Michal Neuvirth has been a pleasant surprise this season after a seven-year career as a backup. But Mason's the guy they signed to a three-year, \$12.1 million deal. Despite his ups and downs, he's the guy.

I'd put a \$5 chip behind Ryan Howard finishing the season with 20-plus homers — as DH for the Orioles or another AL team. Carlos Ruiz will be the last surviving member of the 2008 champs. And that's something I would never have bet on five years ago.



Steve Mason GETTY IMAGES

Blockbuster: Murray to be traded to Titans as Eagles push the reset button

Another bombshell from Howie Roseman and company as it was revealed by Adam Schefter that the Chip Kelly house-cleaning continued Monday evening as the Eagles agreed to trade DeMarco Murray, their high-priced running back to the Titans.

It was reported that Murray's agent confirmed the trade had been finalized and that the Eagles will absorb \$4 million in cap money while transferring \$4 million to Tennessee. The back has agreed to restructure his contract, reports also suggest.

The Eagles still have two running backs under contract in Ryan Mathews and Darren Sproles.

Word of the deal came down just hours after the revelation that the Birds had agreed to trade Kiko Alonso and Byron Maxwell to the Dolphins.



DeMarco Murray lasted just one season in Philadelphia. GETTY IMAGES

The pair of moves shows the Eagles' eagerness to move on from the Chip Kelly era, even by putting his biggest offseason acquisitions in the rearview.

It is unclear what the return for Murray will be, but sources imply that in the Dolphins deal the teams will swap first-rounders and a few other picks will be

involves.

The Eagles are sure to be key players in free agency starting Wednesday at 4 p.m. That is also when both of these deals can be finalized. EVAN MACY



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Reports: Alonso, Byron head to Miami in blockbuster trade

The Eagles can't help themselves when March rolls around.



EVAN MACY
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The Eagles own the month of March.

A year after Philadelphia completely owned the NFL offseason news cycle by trading LeSean McCoy, Nick Foles and signing DeMarco Murray, while cutting ties with others (Jeremy Maclin, Todd Herremans), it was Howie Roseman, not Chip Kelly making headlines in March again.

According to several sources, including NFL.com's Ian Rapoport and ESPN's Adam Schefter, the Eagles agreed to trade cornerback Byron Maxwell and linebacker Kiko Alonso to the Dolphins in exchange for



Maxwell had 64 tackles and two interceptions last season for Philly. GETTY IMAGES

draft picks and a monumental amount of salary relief Monday afternoon.

The Eagles are expected to receive a second-day pick (second or third rounder) in the deal as

the Fins take over all of the \$8.5 million guaranteed to Maxwell this season.

NFL Draft Scout is reporting that the trade could also include a swap

of first-round picks (Miami holds No. 8).

The two players were Kelly's biggest acquisitions in a volatile 2015 offseason.

Maxwell's contract makes it conceivable that he could be dropped without much consequence in 2017.

Alonso carries a rookie-minimum contract and will be a free agent after next season. Both Maxwell and Alonso were acquired by Chip Kelly last March.

According to NFL reports, both players have already been informed that they have been traded and the deal will go through pending the passage of a physical by Alonso, who missed a handful of games last season in Philly. The deal takes place ahead of the Wednesday start of free agency and will not be officially announced until after then.

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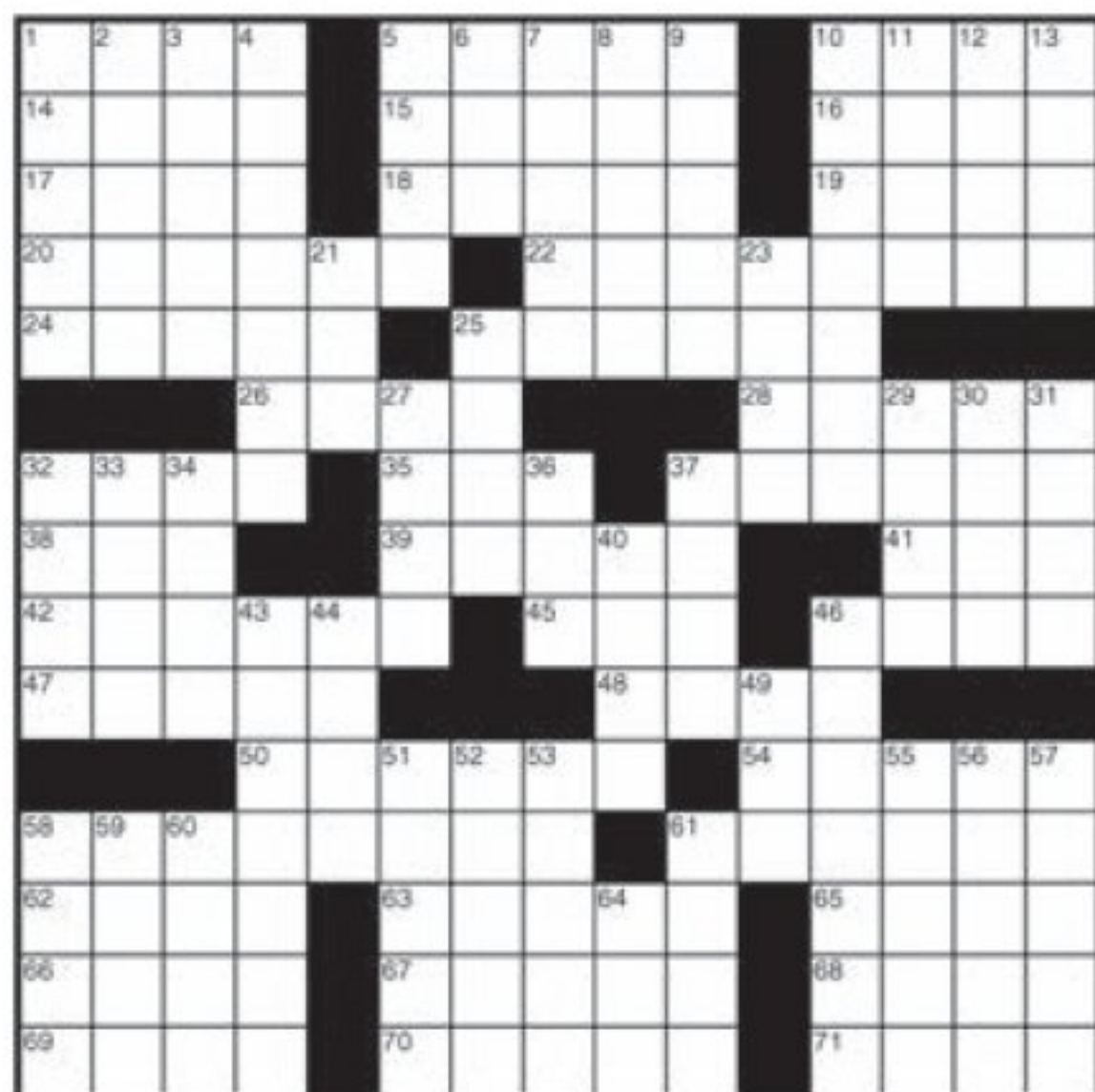
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metro.us/crossword



Across

- 1 Junkyard sign: — in peace
- 5 Things to crack
- 10 Host's plea
- 14 Route for Ben-Hur
- 15 Wielded a broom
- 16 Footnote abbr. (2 wds.)
- 17 1492 vessel
- 18 Nervous about verbs?
- 19 Ditty
- 20 Looks daggers at
- 22 Kept within limits
- 24 Scruggs and Hines
- 25 Lament
- 26 Franc's replacer
- 28 Swig down heartily
- 32 Wine label info
- 35 Comic-strip caveman
- 37 False
- 38 "— Shook Up"
- 39 Mind's-eye view
- 41 Muscle spasm
- 42 Cat or rat
- 45 — -la-la
- 46 Focal points
- 47 Aquarium scavenger
- 48 Kind of ant
- 50 Indifference
- 54 Ph.D. exams
- 58 Kind of cooker
- 61 Pounds
- 62 Sand, silt and clay

metro.us
/games

- 8 — salts
- 9 Office worker of yore
- 10 Entourage
- 11 Leave speechless
- 12 Barn topper
- 13 Implored
- 21 Baton Rouge campus
- 23 Online info
- 25 Derrick arm
- 27 Make cloudy
- 29 Limousine, e.g.
- 30 Acct. insurer
- 31 Points of convergence
- 32 Orange veggies
- 33 Dash
- 34 — mater
- 36 Mr. Sajak
- 37 Orchard produce
- 40 Overcast
- 43 Swamp gases
- 44 Swiss peaks
- 46 Melodious
- 49 A Stooge
- 51 Anything whatever
- 52 More genuine
- 53 Swiss miss
- 55 Like an acrobat
- 56 — apso
- 57 Bore
- 58 Think ahead
- 59 Trellis coverer
- 60 Chows down
- 61 Pesky plant
- 64 Size above med.

- 63 Duplicity
- 65 Breezy greeting
- 66 Film terrier
- 67 Beat around the bush
- 68 In addition
- 69 Monster-hunter's loch
- 70 Gave it a go
- 71 Heavy metal

Down

- 1 Car-wash step
- 2 Mohawk Valley city
- 3 Sir, in Baja
- 4 Shrimp boat
- 5 Mach 2 fliers
- 6 Floor
- 7 Thief's need

metro.us/sudoku

easy

9			2					
2						7	5	9
4		8	7					1
	9	4		3				
	8		4	2	5		9	
				6		1	7	
7					8	3		5
8	3	2						7
					2			6

hard

				8	2	4	7	
		3	1	6		5		9
								6
	6	1	8					
	4	9				2	6	
					9	1	4	
5								
8		4		9	6	7		
	1	6	4	7				

metro.us/horoscopes



Aries High energy, charisma and pizzazz, coupled with know-how, insight and the fortitude to get things up and running will draw attention. Make romance a priority.



Taurus Ask and you shall receive. Let your curiosity lead the way, and share your thoughts. Love is in the stars, and showing your emotions openly will entice someone special.



Gemini Spend more time reaching your goals instead of helping someone else get ahead. Don't aim for popularity when you should aim for victory.



Cancer Emotional sensitivity will put you in a unique position. You will be able to sense what others want or are thinking, allowing you to manipulate whatever situation you face.



Leo Focus inward and do your best to explore and expand interests that will help you get ahead personally or professionally. Invest in one of your ideas and watch it blossom.



Virgo You'll get an opportunity to present something you've longed to do. Preparation is everything along with presentation. Celebrate your success with someone you love.



Libra Indecisiveness will not help you win favors or coax people to support your efforts. Get your act together before you share your plans with anyone you'd like to have on your team.



Scorpio Interacting with people from all walks of life will allow you to gather interesting data that can help give a unique twist to one of your current projects.



Sagittarius Don't let anyone coerce you into something you know you shouldn't be doing. Focus on home, family and improvements you can make to add comfort to your lifestyle.



Capricorn Surprise everyone with your creativity at work and home, but also be sure to remain grounded in practicality. Someone who has qualities that balance your life will show interest.



Aquarius With a little discipline and a whole lot of hands-on work, you will accomplish your goals and make a significant difference to people influenced by the changes you make.



Pisces You'll instinctively know what others want and what's expected of you. Reuniting with an old colleague who shares a goal with you will be prosperous. **EUGENIA LAST**

Yesterday's answers



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